



Certification, Accreditation and National Boards

Build your career on a solid foundation with AFAA

The Aerobics and Fitness Association (AFAA) is the “one-stop” source for state-of-the-art education services for fitness professionals. AFAA offers a complete package of up-to-date training, testing, certification and continuing education, including workshops and classes, written and practical examinations, online courses, and a wide range of reference works and other publications. AFAA’s programs and materials are affordable, offered at frequent intervals, and designed to meet the latest criteria and highest standards of the fitness industry.

- The Aerobics and Fitness Association of America (AFAA) is the world’s largest fitness and TeleFitness® educator™.
- AFAA provides education, training and certifications, including written and practical exams.
- AFAA is an affiliate of the National Board of Fitness Examiners.
- AFAA provides an NBFEE National Board Review Course for personal fitness trainers.
- AFAA’s certifications are accredited by Vital Research and AFAA is a member of the National Organization of Competency Assurance (NOCA). AFAA also applied for an additional accreditation through an organization recognized by the Council for Higher Education Accreditation (CHEA) and the U.S. Department of Education, meeting IHRSA’s 2005 recommendation on accreditation for fitness certification organizations.



New for Fitness Professionals

- Personal Fitness Trainer Certification v3
- Personal Fitness Trainer Online Preparatory Course
- *Personal Fitness Training: Theory and Practice* textbook
- Multitraining® DVDs and CDs



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